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Budget impact analysis of glove change during caesarean section to reduce surgical site infections

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Introduction

- overall birth rates falling but CS rates increasing significantly: 41.4% in 2023-24 ¹
- SSI one of most common risks
- incidence rates in literature range from 3% – 18% ²
- ... but many estimates fail to account for majority of post-CS SSIs occurring after hospital discharge
- Narice et al (2021) systematic review and meta-analysis of 7 RCTs with 1,948 women found glove change during CS associated with significantly lower risk of SSI
- RR 0.41, 95% CI 0.26 – 0.65, $p < 0.0001$, GRADE moderate quality evidence ³





Objective

This study analyses the impact glove change during CS would have on the budget and capacity of a typical NHS maternity service, and on the English NHS as a whole, if it was adopted as a standard practice.

Methods

Analytic framework	<ul style="list-style-type: none"> • budget impact analysis ⁴
Perspective	<ul style="list-style-type: none"> • provider (NHS maternity service)
Patient population	<ul style="list-style-type: none"> • women giving birth by CS (from NHS Hospital Episode Statistics) ¹
Time horizon	<ul style="list-style-type: none"> • 5 years
Intervention mix	<ul style="list-style-type: none"> • no glove change • glove change after placental delivery, before wound closure
Cost data	<ul style="list-style-type: none"> • unit costs of health and social care ⁵ • NHS Supply Chain ⁶ • NHS England National Cost Data ⁷ • NHS Business Services Authority ⁸
SSI incidence	<ul style="list-style-type: none"> • real-world evidence of SSI rates at Royal United Hospitals Bath NHS Foundation Trust (RUHB) • Narice et al, 2021 ³
Uncertainty	<ul style="list-style-type: none"> • deterministic one-way sensitivity analysis • scenario analysis

Methods: Patient population

Table 1: RUHB maternity statistics 2018-24 ¹

Year	Total births	% change on previous year	Elective caesarean	Emergency caesarean	Total caesarean sections	Caesareans as % total births	% change on previous year
2018-19	4,155		410	650	1,060	25.5%	
2019-20	4,440	+ 6.9%	515	710	1,225	27.6%	+ 2.1%
2020-21	4,235	- 4.6%	565	735	1,300	30.7%	+ 3.1%
2021-22	4,320	+ 2.0%	645	820	1,465	33.9%	+ 3.2%
2022-23	4,020	- 6.9%	635	775	1,410	35.1%	+ 1.2%
2023-24	4,035	+ 0.4%	735	855	1,590	39.4%	+ 4.3%

Mean annual change in total births over last five years = -0.5%. Mean annual change in % of caesarean sections over last five years = +2.8%

Methods: Costs of pre-closure glove change

Table 2: Costs of pre-closure glove change

Team member	Time to change gloves (mins) ^a	Capacity Cost Rate (£/min) ⁵	Time cost (£)	Glove cost (£) ⁶	Total cost (£)
Consultant obstetrician	1:00	£2.36	£2.36	£0.80	£3.16
Obstetric registrar	1:00	£1.20	£1.20	£0.80	£2.00
Scrub nurse	1:00	£0.81	£0.81	£0.80	£1.61
Circulating nurse	1:00	£0.81	£0.81	£0.80	£1.61
Theatre technician	1:00	£0.66	£0.66	£0.80	£1.61
			£5.83	£4.00	£9.83

^a Source: Opinion of RUHB obstetrics team

Methods: SSI treatment pathway costs

Table 3: Post-CS SSI treatment pathway costs 2023-24

Treatment pathway	Total cost (£)	Source(s)
SSIs treated during the initial inpatient stay	£ 1,206.87	NHS England (2024) ⁷ , NHS Business Services Authority (2024) ⁸
SSIs treated upon readmission (antibiotics only)	£ 3,559.87	NHS England (2024) ⁷ , NHS Business Services Authority (2024) ⁸
SSIs treated upon readmission (antibiotics + surgery)	£ 4,562.87	NHS England (2024) ⁷ , NHS Business Services Authority (2024) ⁸
SSIs treated by community midwife + GP	£ 356.03	Jones et al (2024) ⁵ , NHS England (2024) ⁷ , NHS Business Services Authority (2024) ⁸
SSIs treated by GP only	£ 112.03	Jones et al (2024) ⁵ , NHS England (2024) ⁷ , NHS Business Services Authority (2024) ⁸

Methods: SSI incidence

Table 4: RUHB post-CS SSI incidence 2023-24

	Treated during initial inpatient stay	Treated upon readmission (antibiotics only)	Treated upon readmission (antibiotics + surgery)	Treated by community midwife + GP	Treated by GP only	Total
Current SSI incidence ^a	0.00%	0.75%	0.06%	14.19%	0.00%	15.00%
Relative risk (RR) glove change (95% CI 0.26 – 0.65) ³	0.41	0.41	0.41	0.41	0.41	0.41
Assumed future incidence after glove change adopted	0.00%	0.31%	0.03%	5.82%	0.00%	6.15%

^a Source: RUHB 30-day post-discharge SSI survey

Results: Base case budget impact

Table 5: RUHB base case budget impact results

	Year 1	Year 2	Year 3	Year 4	Year 5	Total
Patient population						
Total births	4,035	4,035	4,035	4,035	4,035	20,175
Caesarean section rate	39.4%	42.2%	45.0%	47.8%	50.6%	45.0%
Total caesarean sections:	1,590	1,703	1,816	1,929	2,042	9,080
Overall costs to RUHB						
No glove change	£102,028	£109,277	£116,527	£123,777	£131,027	£582,636
Glove change	£57,460	£61,543	£65,626	£69,709	£73,791	£328,128
Net budget impact:	(£44,568)	(£47,735)	(£50,901)	(£54,068)	(£57,235)	(£254,507)
Overall costs to GP						
No glove change	£25,272	£27,068	£28,863	£30,659	£32,455	£144,317
Glove change	£10,361	£11,098	£11,834	£12,570	£13,306	£59,170
Net budget impact:	(£14,911)	(£15,970)	(£17,029)	(£18,089)	(£19,149)	(£85,147)

Results: Base case capacity impact

Table 6: RUHB base case capacity impact results

	Year 1	Year 2	Year 3	Year 4	Year 5	Total
Community midwife post-natal visits						
No glove change	451	483	515	547	579	2,576
Glove change	185	198	211	224	238	1,056
Total avoided visits:	266	285	304	323	342	1,520
GP appointments						
No glove change	451	483	515	547	579	2,576
Glove change	185	198	211	224	238	1,056
Total appointments released:	266	285	304	323	342	1,520
Inpatient bed days						
No glove change	32	35	37	39	41	184
Glove change	13	14	15	16	17	76
Inpatient bed days released:	19	20	22	23	24	109

Results: One-way sensitivity analysis

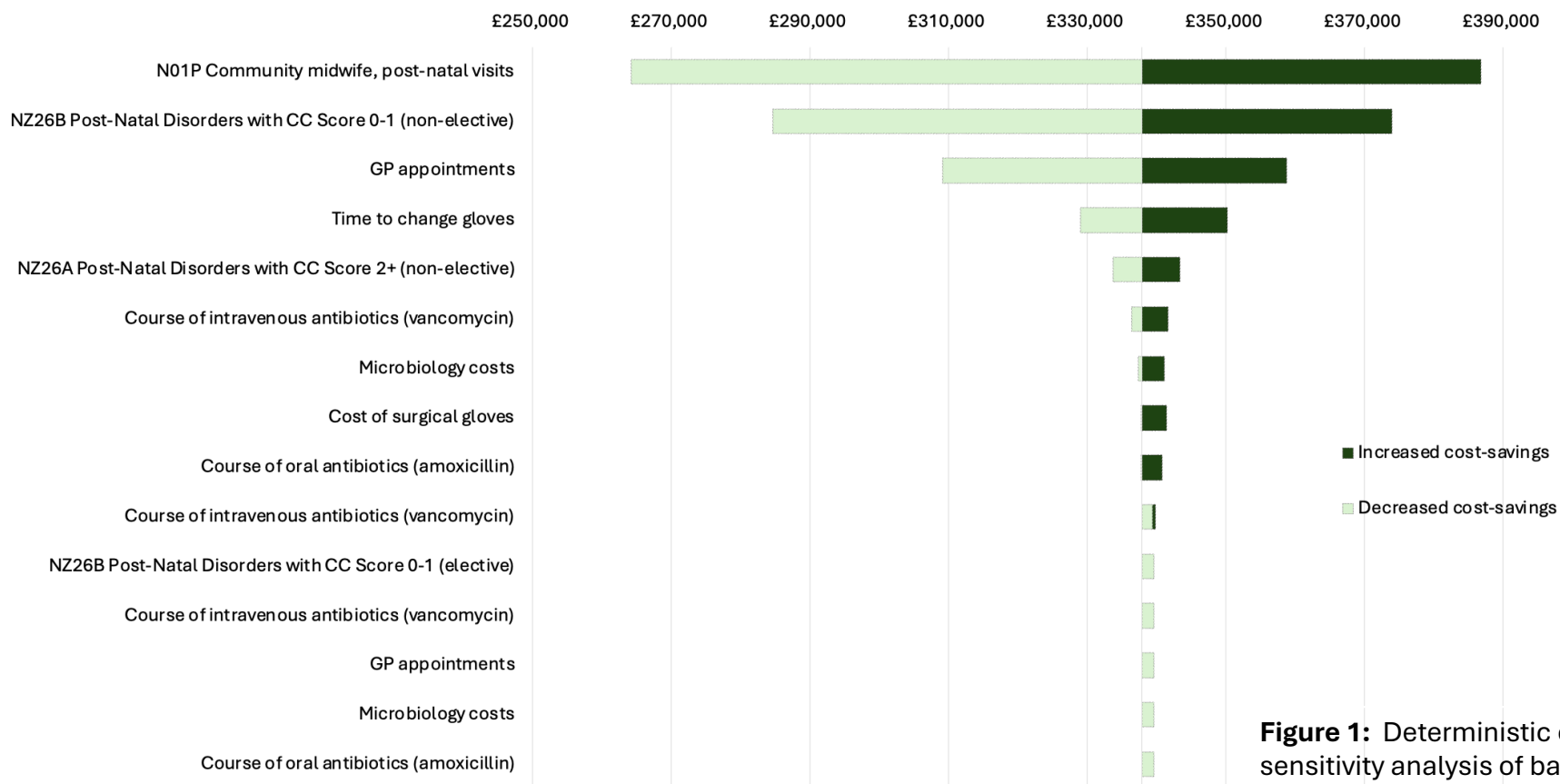


Figure 1: Deterministic one-way sensitivity analysis of base case results

Results: Scenario analyses

Table 7: Results of the scenario analysis

Scenario	Total CS over 5 year time horizon	Current mean LOS for post-CS SSI	Current SSI incidence rates					
			Treated during inpatient stay	Treated on readmission (antibiotics only)	Treated on readmission (antibiotics + surgery)	Treated by community midwife + GP	Treated by GP only	Total SSI incidence
RUHB base case	9,080	2.5	0.00%	0.75%	0.06%	14.19%	0.00%	15.00%
NHS England ¹	1,204,816	2.5	0.00%	0.75%	0.06%	14.19%	0.00%	15.00%
Wloch et al (2020) ⁹	4,000	2.6	0.51%	0.56%	0.00%	5.31%	3.21%	9.59%
Magro (2023) ¹⁰	13,310	3.1	0.00%	1.03%	0.25%	4.83%	0.00%	6.10%

Results: Scenario analyses

Table 7: Results of the scenario analysis

Scenario	Total CS over 5 year time horizon	Current mean LOS for post-CS SSI	Results (over 5-year time horizon)					
			Total budget impact over 5-year time horizon	Budget impact on maternity service	Budget impact on general practice	Community midwife post-natal visits avoided	GP appointments released	Inpatient bed days saved
RUHB base case	9,080	2.5	(£339,654)	(£254,507)	(£85,147)	1,520	1,520	109
NHS England ¹	1,204,816	2.5	(£45,069,335)	(£33,771,039)	(£11,298,296)	201,701	201,701	14,439
Wloch et al (2020) ⁹	4,000	2.6	(£75,359)	(£52,833)	(£22,526)	251	251	66
Magro (2023) ¹⁰	13,310	3.1	(£379,175)	(£336,683)	(£42,492)	759	759	310

This is the equivalent of. and this is the
 25 full-time community midwives per year equivalent of 4 full-time
 GPs per year

... gives the English NHS
 back 8 inpatient beds per
 year

Discussion, Limitations, Conclusions

- if adopted as standard practice, glove change could deliver significant cost-savings and free-up physical and human resources
- these impacts are maintained across both sensitivity and scenario analysis
- glove change is not presently a WHO or NICE recommendation, but should this change?
- ChEETah study saw clinical- and cost-benefits from instrument and glove change in low- and middle-income settings ^{11, 12}
- workforce capacity has been a factor in NHS maternity unit failings ¹³ – glove change could help address this

Study strengths

CS not currently included in UKHSA SSI surveillance. Our study contributes accurate data based on post-discharge questionnaire with a very good response rate.

We have provided more granular calculations of cost of post-CS SSI than previous studies – eg, Jenks et al (2014) ¹⁴

Study limitations

Considerable opacity around true post-CS SSI incidence in English NHS so not possible to perform scenario analyses with real-world data.

RR derived from meta-analysis is subject to limitations from heterogeneity and risk of bias of included studies.

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